



# Canine Fitness Clinic

**Sponsored by the Del-Otse-Nango Kennel Club**

Join us for a presentation by Jenn Wolfe, LVT CCRP-LVT

Objectives for the day include:

1. The purpose and importance of a warm up and cool down for sport/active dogs.  
Dynamic stretching vs passive stretching
2. Discussion of supplements to help support tissues and structures while they are still healthy
3. Discussion and demo of dynamic stretching/strengthening exercises
4. Discussion and demo of safe tugging with regard to spinal health
5. Various uses of equipment
6. Demonstrations, Q&A throughout the day, Working spots with help and critiques.

**When: February 3, 2024 Time: 11:00am**

**Where: Willowridge Kennel, 2483 State Hwy 11, Hartwick NY**

10 working spots per day: \$75- members, \$100 - non-members, \$50 - 4H and Juniors

Auditing (unlimited): \$20 members, \$30 non-members, \$10 4H and Juniors

### REGISTRATION FORM

Registration form may be submitted by hand delivery, mail or email, but the **working slots are considered filled only upon receipt of payment.** Registration remains open until full.

**Checks payable to "DONKC."**

*Email me if you want to check if working spots remain available.*

Email to: secretary@donkc.com  
Mail to: Kelly Branigan  
467 Springfield Hill Rd  
Cooperstown, NY 13326

**Name:** \_\_\_\_\_  
**Email:** \_\_\_\_\_  
**Phone:** \_\_\_\_\_

#### FEES:

Member:	_____	Working - \$75	\$ _____
	_____	Auditing - \$20	\$ _____
Non-Member:	_____	Working - \$100	\$ _____
	_____	Auditing - \$30	\$ _____
Junior/4H:	_____	Working - \$50	\$ _____
	_____	Auditing - \$10	\$ _____
<b>TOTAL ENCLOSED:</b>			\$ _____

**Snacks and beverages will be provided.**

**WORKING DOGS:**

**Call Name:**

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**Breed:**

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**Age:**

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For more info about Jenn Wolfe, LVT CCRP-LVT : <https://www.avtvets.com/jenn-bio>